Elizabeth Lee Black Lunch Menu

October 2023



				THE NUTRITION GROUP
<u>2.</u>	<u>3</u> .	4.	<u>5.</u>	<u>6.</u>
<u>Lunch</u> Sloppy Joe on a Bun TNG Baked Beans Assorted Fruit Milk	Lunch Crispy Chicken Nuggets w/ Buttered Noodles Seasoned Golden Corn Assorted Fruit Milk	Lunch Pasta w/ Meatsauce And Fresh Bread Steamed Broccoli Assorted Fruit Milk	<u>Lunch</u> Crunchy Fish Sticks w/ Bread Oven Roasted Carrots Assorted Fruit Milk	<u>Lunch</u> Cheese Pizza Steamed Peas Assorted Fruit Vanilla Pudding Milk
<u>9.</u>	<u>10.</u>	<u>11.</u>	<u>12.</u>	<u>13.</u>
Lunch BBQ Pork on a Bun Steamed Carrots Assorted Fruit Milk	<u>Lunch</u> Grilled 3 Cheese Panini Steamed Mixed Vegetables Assorted Fruit Milk	Lunch Popcorn Chicken Bowl w/ Bread Steamed Corn Assorted Fruit Milk	Lunch Beef Soft Tacos W/ Cheese Homestyle Refried Beans Assorted Fruit Milk	Lunch Cheese Pizza Steamed Green Beans Assorted Fruit Chocolate Chip Cookie Milk
<u>16.</u>	<u>17.</u>	<u>18.</u>	<u>19.</u>	<u>20.</u>
Lunch Sweet & Sour Chicken w/ Rice Steamed Broccoli Assorted Fruit Milk	<u>Lunch</u> Juicy Cheeseburger on a Bun Steamed Carrots Assorted Fruit Milk	Lunch Crispy Chicken Patty on a Bun French Fries Assorted Fruit Milk	Lunch Macaroni and Cheese w/ Bread TNG Baked Beans Assorted Fruit Milk	Lunch Cheese Pizza Steamed Mixed Vegetables Assorted Fruit Chocolate Pudding Milk
<u>23.</u>	<u>24.</u>	<u>25.</u>	<u>26.</u>	<u>27.</u>
Lunch Chicken tenders w/ Educational Cookies Steamed Corn Assorted Fruit Milk	<u>Lunch</u> Meatball Hoagie Seasoned Green Beans Assorted Fruit Milk	Lunch Walking Taco w/ Fresh Bread Homestyle Refried Beans Assorted Fruit Milk	Lunch Grilled Cheese Sandwich Steamed Broccoli Assorted Fruit Milk	Lunch Cheese Pizza Oven Roasted Carrots Assorted Fruit Orange Sherbet Milk
<u>30</u> .	<u>31.</u>			
Lunch Freshly Baked Italian Dunkers BBQ Baked Beans Assorted Fruit Milk	<u>Lunch</u> Orange Kissed Chicken Bowl Steamed Broccoli Assorted Fruit Milk			

Lunch Milk Choices Daily:

Fat Free Chocolate or 1% White

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis

of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA,
Director's Office of Civil Rights, Room 325-W, Whitten Building, 1400 Independence Avenue, SW,
Washington DC 20250-9410 or call (202)720-5964 (voice and TDD).

Meat/Meat Alternate, Fruit, Vegetable, Grains, Milk.

In order to qualify for a reimbursable lunch this meal must include the following components: